## Ferns for acid soils

#### **British native ferns**

Blechnum spicant Hard fern
Cryptogramma crispa Parsley fern

Foreign ferns

Blechnum chilense Chilean hard fern\*

Blechnum penna-marina Little hard fern

Polypodium scouleri Leathery polypody\*

Woodwardia virginica Virginia chain fern

## Ferns that will tolerate acidic and neutral soils

#### **British native ferns**

Athyrium filix-femina Lady fern, plus many cultivars

Dryopteris species Male ferns and Buckler ferns

Gymnocarpium dryopteris Oak fern

Osmunda regalis Royal fern

Phegopteris connectilis Beech fern

Polypodium vulgare Common polypody

Foreign ferns

Athyrium niponicum 'Pictum' Japanese painted fern

Polystichums e.g. tsus-simense Tsus-sima holly fern

# **Further reading**

Ferns. Wisley Handbooks Martin Rickard RHS

Gardening with Ferns Martin Rickard David and Charles

Encyclopedia of Garden Ferns Sue Olsen Timber Press

Fern Grower's Manual Hoshizaki & Moran Timber Press

BPS website: www.eBPS.org.uk Nov 2011



# **British Pteridological Society**

# Ferns for different garden conditions

All the ferns mentioned here are hardy in most places in the British Isles. Those marked with an asterisk (\*) will need winter protection in the very coldest areas. Most ferns also need protection from strong winds.

## Ferns for wettish conditions

Most ferns prefer to have moist but well-drained sites. A few can tolerate very wet sites.

#### British natives for wet sites

Athyrium filix-femina Lady fern, plus many cultivars

Dryopteris cristata Crested buckler fern

Osmunda regalis Royal fern, plus cultivars

Thelypteris palustris Marsh fern

# British natives for moderately wet sites

Blechnum spicant Hard fern
Gymnocarpium dryopteris Oak fern
Phegopteris connectilis Beech fern

# Foreign ferns for wettish sites

Matteuccia struthiopterisOstrich fernOnoclea sensibilisSensitive fernWoodwardia fimbriataGiant chain fern\*

# Ferns for dryish places

All ferns need some moisture, but a number will grow in dryish shade, and some will tolerate a sunny aspect if they are not too dry. Clay soils will retain moisture better than sandy or peaty soils. Most of these ferns will also thrive in wetter but not waterlogged situations.

# British native ferns for dryish places

Asplenium scolopendrium Hart's tongue and cultivars

Dryopteris affinis Scaly male fern and cultivars

Dryopteris dilatata Broad buckler fern

Dryopteris filix-mas Male fern and cultivars

Polypodium species Polypody. Many cultivars available

Polystichum aculeatum Hard shield fern

Polystichum setiferum Soft shield fern. Many cultivars

available.

# Foreign ferns for dryish places

Adiantum aleuticum Aleutian maidenhair - needs

protection from wind

Adiantum venustum Himalayan maidenhair

Cyrtomium fortunei Fortune's holly fern

Dryopteris cycadina Shaggy wood fern

Dryopteris erythrosora Autumn fern

Dryopteris sieboldii Siebold's wood fern

Dryopteris wallichiana Wallich's wood fern

Polystichum acrostichoides Christmas fern

Polystichum munitum Western sword fern

# Ferns for sunny places

Most ferns prefer to have some shade, at least from mid-day sun, but the following will grow in open, sunny positions as long as their roots do not dry out.

#### **British native ferns**

Athyrium filix-femina Lady fern and cultivars

Dryopteris affinis Scaly male fern and cultivars

Dryopteris filix-mas Male fern and cultivars

Polypodium species Polypody

Foreign ferns

Cheilanthes lanosa Hairy lip fern – hardy, needs

good drainage, protect from

winter wet

Dryopteris erythrosora Autumn fern

Polystichum polyblepharum Tassel fern

Soil pH

Some ferns seem to tolerate a range of soil pH (acid or alkaline) e.g. many *Adiantums*, *Cyrtomium*, and many *Dryopteris*, but some will only do well in one soil type, either basic or acidic.

# Ferns for basic or limestone soils

## **British native ferns**

Asplenium scolopendrium Hart's tongue plus cultivars

Asplenium trichomanes Maidenhair spleenwort

Cystopteris fragilis Brittle bladder fern

Gymnocarpium robertianum Limestone oak fern

Polypodium cambricum Southern polypody

Polystichum aculeatum Hard shield fern